

Week at a Glance Report for: Regular

Facility: CFPK

Week 1

Printed: 09/16/2020

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Cycle: Cranford Start

1) Approved by

Day: 1	Day: 2	Day: 3	Day: 4	Day: 5	Day: 6	Day: 7
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
4oz - Orange Juice Cup 4oz - Hot Oatmeal 2sl - French Toast 1-Each - Syrup & Margarine 2-sl - Bacon Strips 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 6oz - Farina 1@ - Ham, Egg & Cheddar on English Muffin 4oz - Home Fries w/Onions 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 6oz - Hot Grits 1-2 w/2oz - Pancakes w/Strawberries 1-Each - Syrup & Margarine 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 4oz - Hot Oatmeal 2oz - Scrambled Eggs 2oz - Croissant 4oz - Tropical Fruit Salad 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 6oz - Farina 2@ - Waffles 2oz - Egg Patty 1-Each - Syrup & Margarine 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 6oz - Hot Grits 3oz - Scrambled Eggs & Cheese 1/2C - Fried Hash Brown Potatoes 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 4oz - Hot Oatmeal 3oz - Western Omelett 1sl - Coffee Cake 8oz - Milk (8) 8oz - Coffee or Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
5oz - BBQ Chicken 4oz - Macaroni & Cheese Side 4oz - Spinach 4oz - Pineapple Tidbits 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Spicy Pork Stir Fry 4oz - Brown Rice 4oz - Oriental Vegetables 4oz - Mandarin Oranges 4oz - Milk (4) 8oz - Coffee or Tea	4oz - Homestyle Meatloaf 4oz - Mashed Potatoes 2oz - Beef Brown Gravy 4oz - Seasoned Green Beans 4oz - Apricots 4oz - Milk (4) 8oz - Coffee or Tea	1-2sh/4oz - Stuffed Shells Parmesan w/Tomato Sauce 1 cup - Ceasar Salad 4oz - Sherbert 4oz - Milk (4) 8oz - Coffee or Tea	5oz - Land & Sea Scampi 4oz - Penne Pasta 1/2C - Garlic Broccoli Florets 1-2X2 - Banana Cake 4oz - Milk (4) 8oz - Coffee or Tea	3oz - Lemon Pepper Fish 4oz - Rice Pilaf 4oz - Capri Vegetables 1/2C - Melon Cup 4oz - Milk (4) 8oz - Coffee or Tea	3oz - Roast Turkey Breast 4oz - Diced Carrots 2oz - Turkey Gravy 4oz - Stuffing 1-2oz /2oz - Pound Cake w/Strawberries 4oz - Milk (4) 8oz - Coffee or Tea
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6oz - Mushroom Barley Soup 8oz - Spaghetti & Meat Sauce 4oz - Mescalini w/Chopped Tomatoes & Onion 1-2x2 - Red Velvet Cake 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Vegetable Soup Homestyle 3oz - Pot Roast 1@ - Baked Sweet Potato 4oz - Roasted Squash Medley 4oz - Ice Cream 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Minestrone Soup 3oz - Grilled Chicken Breast Sandwich 1@ - Lettuce/Tomato/Pickle 4oz - Coleslaw 1-10 sl - Apple Pie 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Chicken Leek Soup 4oz - Hamburger on Bun 1 EA - Lettuce & Tomato 4oz - Cucumber Onion Salad 4oz - Tater Tots 4oz - Tropical Fruit Salad 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Chunkey Vegetable Soup 1-3oz on 1 - Open Face Hot Roast Beef Sand (RS) 2oz - Brown Gravy Homestyle 1/2c - Basil Buttered Carrots 4oz - Apple sliced 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Cabbage Soup 7oz/Crust - Beef Pot Pie 4oz - Cut Green Beans 1-10 ct - Lemon Meringue Pie 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Chicken Pastina Soup 8oz - Shrimp Lo Mein 4oz - Oriental Vegetables 1/2c - Diced Pears 4oz - Milk (4) 8oz - Coffee or Tea

Menu Extension Footnotes

Regular Diet: Receives a salt packet at each meal as resident desires.

NCS Diet: Receives diabetic condiments and provides half portions of dessert items and Skim Milk.

Renal Diet: Limit tomatoes, oranges, and bananas, sweet potatoes, potatoes, spinach and broccoli. 4oz Milk

Low Fat- Low-Chol Diet: Low Fat Milk Options, half portions of dessert items, no salt packet.

Mech Chopped Texture: Foods are soft, tender and moist throughout. Cut bite size pieces.

Mech Ground Texture: Foods are soft and moist. Can be scooped or shaped and has small visible lumps within the food.

Finger Foods: Provide 1-2 food items that can eaten with hands with remainder of foods served in bowls or ramekins.

****Review Diet Manual for further direction****

Week at a Glance Report for: Regular

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Week 2

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Cycle: Cranford Start

1) Approved by

Day: 8	Day: 9	Day: 10	Day: 11	Day: 12	Day: 13	Day: 14
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
4oz - Orange Juice Cup 6oz - Farina 2sl - French Toast 1-Each - Syrup & Margarine 2oz - Egg Patty 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 6oz - Hot Grits 3oz - Scrambled Eggs & Cheese 4oz - Home Fries w/ Onions 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 4oz - Hot Oatmeal 1-2 w/2oz - Pancakes w/ Strawberries 1-Each - Syrup & Margarine 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 6oz - Farina 4oz - Spinach & Bacon Omelet 1@ - English Muffin 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 6oz - Hot Grits 2@ - Waffles 1-Each - Syrup & Margarine 2oz - Egg Patty 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 2oz - Scrambled Eggs 1/2C - Fried Hash Brown Potatoes 1petite - Banana 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 3oz - Cheese Omelet 2sl - Raisin Bread 8oz - Milk (8) 8oz - Coffee or Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
3oz - Oven Fried Chicken 4oz - Mashed Potatoes 4oz - Collard Greens 4oz - Diced Peahces 4oz - Milk (4) 8oz - Coffee or Tea	4oz - Herbed Breaded Pork Chop 4oz - Bow Tie Pasta 4oz - Diced Carrots 4oz - Jello w/ Topping 4oz - Milk (4) 8oz - Coffee or Tea	3oz - Smothered Chopped Sirloin 4oz - Smashed Red Potatoes 4oz - Cauliflower Au Gratin 4oz - Fruit Cocktail 4oz - Milk (4) 8oz - Coffee or Tea	2w/4oz - Manicotti Parm w/ Marinara Sauce 4oz - Italian Blend Vegetables 4oz - Ice Cream 4oz - Milk (4) 8oz - Coffee or Tea	3oz - Fresh Roast Ham 1@ - Baked Sweet Potato 4oz - Braised Cabbage 4oz - Pound Cake 4oz - Milk (4) 8oz - Coffee or Tea	5oz w/1oz - Stuffed Fish w/ Lemon Sauce 4oz - Yellow Rice 4oz - Baby Carrots 1Sl - Carrot Cake 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Beef Stew 4oz - Buttered Noodles 4oz - Cut Green Beans 1Piece - Fresh Fruit 4oz - Milk (4) 8oz - Coffee or Tea
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6oz - Pasta Fagioli 3oz w/2oz - Italian Sausage, Peppers, and Onions 4oz - Penne Pasta 4oz - Italian Blend Vegetables 4oz - lemon Ice 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Cream of Broccoli Soup 4-w 2oz - Beef Swedish Meatballs 4oz - Garden Rice 4oz - Capri Vegetables 4oz - Fruit Cocktail 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Vegetarian Split Pea Soup 3oz - Apricot Glazed Chicken Tenders 1@ - Corn on the Cob 4oz - Coleslaw 2@ - Oatmeal Cookies 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Chicken Vegetable Soup 1@ - Tuna Melt on English Muffrin 4oz - Lyonnaise Potatoes 1cup - Garden Salad 4oz - Apricots 4oz - Milk (4) 8oz - Coffee or Tea	6oz - French Onion Soup 3oz w/1oz - Veal Paprika 4oz - Buttered Pasta 4oz - Spinach 4oz - Fruit Mix 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Five Bean Soup 3oz - Tex-Mex Roast Chicken 4oz - Spanish Rice 4oz - Sauteed Peppers, Onions & Tomatoes 1/2c - Diced Pears 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Tomato Soup 1-3oz on 2 - Dagwood Sandwich 1cup - Garden Salad 2oz - Dressing 4oz - Vanilla Pudding 4oz - Milk (4) 8oz - Coffee or Tea

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Week at a Glance Report for: Regular

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Week 3

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Cycle: Cranford Start

1) Approved by

Day: 15	Day: 16	Day: 17	Day: 18	Day: 19	Day: 20	Day: 21
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
4oz - Orange Juice Cup 6oz - Hot Grits 2sl - French Toast 2-sl - Bacon Strips 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 4oz - Hot Oatmeal 2oz - Scrambled Eggs 4oz - Home Fries w/ Onions 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 6oz - Farina 1-2 w/2oz - Pancakes w/Apple Topping 2oz - Sausage Patty 1-Each - Syrup & Margarine 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 4oz - Red Grapes 6oz - Hot Grits 3oz - Ham & Cheese Omelet 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 4oz - Hot Oatmeal 2@ - Waffles 2oz - Egg Patty 1-Each - Syrup & Margarine 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 6oz - Farina 2oz - Scrambled Eggs 2-sl - Bacon Strips 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 6oz - Hot Grits 3oz - Spansh Omelet 2@ - Sausage Links 1sl - Coffee Cake 8oz - Milk (8) 8oz - Coffee or Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
4oz - Sweet & Sour Chicken 4oz - White Rice 4oz - Oriental Vegetables 4oz - Mandarin Oranges 4oz - Milk (4) 8oz - Coffee or Tea	3oz - Adobo Pork 4oz - Onion Roasted Potatoes 4oz - Seasoned Green Beans 4oz - Fruit Cocktail 4oz - Milk (4) 8oz - Coffee or Tea	3oz - Virginia Baked Ham 4oz - Sweet Potatoes 4oz - Collard Greens 1-10 ct - Banana Cream Pie 4oz - Milk (4) 8oz - Coffee or Tea	8oz - Lasagna Homestyle 4oz - Cranberry Orange Mixed Green Salad 4oz - Sherbert 4oz - Milk (4) 8oz - Coffee or Tea	4oz - Chicken Marsala 4oz - Parslied Noodles 4oz - Broccoli Florets 4oz - Gelatin Cubes 4oz - Milk (4) 8oz - Coffee or Tea	4oz - Italian Breaded Fish 4oz - Rosemary Garlic Roasted Potatoes 4oz - Mixed Vegetables 1-2X2 sl - Yellow Cake w/White icing 4oz - Milk (4) 8oz - Coffee or Tea	4oz - Salisbury Steak 2oz - Beef Brown Gravy 4oz - Mashed Potatoes 4oz - Cut Green Beans 4oz - Diced Fruit 4oz - Milk (4) 8oz - Coffee or Tea
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6oz - Vegetable Alphabet Soup 4oz - Baked Meatloaf 2oz - Beef Brown Gravy 4oz - Mashed Potatoes 4oz - Baby Peas 4oz - Apple Crisp 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Chicken Noodle Soup 8oz - Macaroni & Cheese 4oz - Stewed Tomatoes 1sl - Chocolate Brownie 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Cream of Cauliflower Soup 4oz - Herb Baked Chicken 4oz - Parsley Orzo 4oz - Peas & Carrots 4oz - Fruit Mix 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Vegetarian Split Pea Soup 3oz - Corned Beef 4oz - Cabbage & Carrots 4oz - Parsley Boiled Potatoes 4oz - Vanilla Pudding 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Chicken & Rice Soup 1-3oz on 1 - BBQ Pork on Bun 4oz - Baked Beans 4oz - Coleslaw 4oz - Diced Peahces 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Lentil Soup 8oz - Chicken Jambalaya 4oz - Vegetable Rice 4oz - Scandinavian Blend Vegetables 4oz - Mandarin Oranges 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Italian Wedding Soup 5-Rav/4oz - Ravioli Parmesan 1cup - Garden Salad 4oz - Ice Cream 4oz - Milk (4) 8oz - Coffee or Tea

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Week 4

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Cycle: Cranford Start

1) Approved by

Day: 22	Day: 23	Day: 24	Day: 25	Day: 26	Day: 27	Day: 28
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
4oz - Orange Juice Cup 4oz - Hot Oatmeal 2sl - French Toast 2oz - Sausage Patty 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 6oz - Farina 3oz - Scrambled Eggs & Cheese 4oz - Home Fries w/Onions 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 6oz - Hot Grits 1-2 w/2oz - Pancakes w/ Strawberries 1-Each - Syrup & Margarine 2-sl - Bacon Strips 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 4oz - Hot Oatmeal 4oz - Ham & Swiss Cheese Frittata 2oz - Croissant 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 6oz - Farina 2@ - Waffles 2oz - Egg Patty 1-Each - Syrup & Margarine 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 6oz - Hot Grits 2oz - Scrambled Eggs 1/2C - Fried Hash Brown Potatoes 1petite - Banana 8oz - Milk (8) 8oz - Coffee or Tea	4oz - Orange Juice Cup 4oz - Hot Oatmeal 3oz - Western Omelett 1-1w/1oz - Bagel & Cream Cheese 8oz - Milk (8) 8oz - Coffee or Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
3oz - Roast Chicken 4oz - Yellow Rice 4oz - Baby Carrots 4oz - Pineapple Tidbits 4oz - Milk (4) 8oz - Coffee or Tea	8oz - Spaghetti & Meatballs w/Sauce 1cup - Garden Salad 2oz - Dressing 4oz - Sherbert 4oz - Milk (4) 8oz - Coffee or Tea	3oz - Hawaiian Pork 4oz - White Rice 4oz - Capri Vegetables 4oz - Sliced Cinnamon Apples 4oz - Milk (4) 8oz - Coffee or Tea	4oz - Honey Lemon Chicken 4oz - Oven Roasted Potatoes 1/2C - Seasoned Mixed Vegetables 1-2"x2" - Iced cake 4oz - Milk (4) 8oz - Coffee or Tea	4oz - Beef Goulash 4oz - Braised Red Cabbage 4oz - Egg Noodles 4oz - Milk (4) 1sl - Chocolate Brownie 8oz - Milk (8) 8oz - Coffee or Tea	3oz - Fish Fillet w/Lemon Dill Sauce 4oz - Roasted Red Potatoes 4oz - Oriental Style Zucchini 1sl - Carrot Cake 4oz - Milk (4) 8oz - Coffee or Tea	1-5oz w/2oz - Stuffed Peppers w/Sauce 4oz - Confetti Rice 4oz - Cauliflower Polonaise 4oz - Ice Cream 4oz - Milk (4) 8oz - Coffee or Tea
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6oz - Chunky Vegetable Soup 1-#10 each - Tuna-Egg-Macaroni Salad Plate 4oz - Carrot & Raisin Salad 2@ - Oatmeal Cookies 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Chicken Barley Soup 2oz/2sl - Turkey Club Sandwich 4oz - Coleslaw 4oz - Sliced Peaches 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Minestrone Soup 4oz - Italian Hot Dog w/ Cheese 4oz - Sauteed Peppers & Onions 4oz - Pasta Salad 4oz - Fruited Jello w/ Topping 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Cream of Mushroom 1@ - Cheeseburger on a Bun 1 EA - Lettuce & Tomato 1@ - Corn on the Cob 4oz - Three Bean Salad 4oz - Fresh Melon Cup 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Vegetarian Split Pea Soup 3oz/1oz - Veal Paprika 4oz - Red Beans and Rice 4oz - Cut Green Beans 4oz - Sliced Pears 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Black Bean & Ham Soup 4oz - Herb Baked Chicken 4oz - Macaroni & Cheese Side 4oz - Baby Peas 4oz - Mandarin Oranges 4oz - Milk (4) 8oz - Coffee or Tea	6oz - Vegetable Soup Homestyle 3oz - Roast Turkey Breast 2oz - Turkey Gravy 4oz - Stuffing 4oz - Broccoli 4oz - Pineapple Tidbits 4oz - Milk (4) 8oz - Coffee or Tea

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